

.T K.Madhava Memorial College, Nangiarkulangara

National Service Scheme 2018-2019

Programme Officers: Ms. Preetha M.V. (Dept. of History) 2017- 22

Dr. Sreeja V (Dept. Of Chemistry) 2018-19

Volunteer Leaders: 1. Archana Nalanan (Dept. of Zoology) 2018-19

2. Jithu Sunil (Dept. of Physics) 2018-19

Objectives :

- Equip the volunteers to tackle the problems of society
 - Engage the volunteers in various community services
 - To acquire Knowledge on various facts, daily happenings around
 - Enable the students to form opinion on social issues like dowry system, gender equality, Social Justice
 - To familiarize volunteers with sustainable agriculture, cleanliness
 - Green initiatives like plastic free campus and college surroundings, environment protection
 - Develop empathy towards physically challenged, economically backward, bed ridden and other critically ill people and provide support to them.
 - To promote the sense of national unity and integrity
 - Familiarize Biodiversity around their locality, its conservation
 - Observations of important days
 - Overall development of volunteers with right perspectives on History, Career and Current Affairs
 - The primary objective of NSS is to mold the personality and character of students and make them socially committed citizens
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- **Action plan**
 - Conduct classes on various topics
 - Direct involvement of volunteers in various activities like agriculture, plastic survey, cleanliness drives etc.
 - Motivate the students to keep their surroundings green and clean by undertaking plantation of saplings, segregation of plastics in and outside campus
 - Inculcate proper waste management culture: Placing waste bins in classrooms and common junctions in campus, use of waste pits in campus and in adopted villages
 - Sensitize the students not to litter paper and plastics in public places and water bodies. Enlighten them regarding the hazards of mismanagement of plastics and other wastes which ultimately choke the flow of drainages

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- Observe important days like World Ozone day, Youth day, AIDS day, Women's day, World water day, World Environment Day etc. by conducting rallies, classes and other related activities.
- Capacity building initiatives to tackle the Emergency situations like Flood, pandemic etc.
- Prompt the volunteers to donate blood on requirements.
- Motivate students to imbibe best habits like road manners, abstain from drugs
- Train them the art of life management



“Not Me but You”

National Service Scheme stands for serving the community, to arouse the social consciousness and provide with the opportunity to work with the people around the educational campuses creatively and constructively and received to inculcate faith in manual labour. The primary aim of the scheme is to enrich the personality and gain experience from community services.

NSS uphold the motto, i.e., “**Not Me but You**” which expresses the essence of democratic living and selfless service and appreciation and consideration for our fellow beings. We celebrate all special days, like NSS Day, UN declared special days like world health day, Environment day, Women’s Day etc. National and international events’ observation in a **very productive manner** personally the experience in NSS gave me the impetus to become best teacher and to make me more responsible and productive citizen of the country. Many socially and environmentally viable programmes which are very much helpful to the mankind have been undertaken. We all get updated with current happening around us and NSS make us more responsive and responsible

SI No:	DATE	NAME OF THE PROGRAMME	NO: OF PARTICIPANTS/ BENEFICIARY/	ASSET CREATION
1.	05/06/2018	'Prakruthikk Ente Karuthal'	150 volunteers Campus	
2.	13/06/2018	PFMS Training		
3.	19/06/2018	Flood Camp Visit	20 volunteers	15000 Rs
4.	20/06/2018	Training	1 volunteer	
5.	21/06/2018	Yoga day	100 volunteers	
6.	21/06/2018	Training		
7.	26/06/2018	Talk on drug abuse	200 volunteers	
8.	22/07/2018	Residential camp		
9.	23/07/2018	Flood Camp Visit	15 volunteers Community	7300 Rs
10.	25/07/2018	Dish wash preparation	25 volunteers	
11.	25/07/2018	shramadan	10 volunteers Campus	2500 Rs
12.	26/07/2018	Pits taken to plant jackfruit Saplings	10 volunteers Campus	2000 Rs
13.	27/07/2018	Padikkam Plaviloode'	125 volunteers campus	
14.	06/08/2018	Poster making		
15.	08/08/2018	Training	Volunteer Aiswaya Gopu	
16.				
17.	09/08/2018	Selection for Youth parliament	10 volunteers	

18.	13/08/2018	PO meeting		
19.				
20.	15/08/2018	Independence Day Celebration	50 volunteers	5000
21.	17/08/2018-26/08/2018	Flood Relief Camp	100 volunteers/ Community	25000
22.	24/08/2018	NSS PO meeting	Community	
23.	27/08/2018	After- flood cleaning	25 volunteers	7500
24.	31/08/2018	Assisting revenue department for 5 days	50 volunteers Community	40000
25.	05/09/2018	Teacher's day-	200 volunteers	
26.	06/09/2018	Training programme	45 volunteers	
27.	07/09/2018	Well water testing	45 volunteers Community	23500rs
28.	14/09/2018	Training Camp	2 Volunteer leaders	
29.	19/09/2018	Survey	45 volunteers	
30.	24/09/2018	Donation	Community	10000Rs

31.	24/09/2018	NSS Day swatchatha ki seva	Community	5000rs
32.	01/10/2018	Gandhi Jayanthi Observation	150 volunteers	3000
33.	02/10/2018	Rally, talked over drug abuse Gandhi Jayanthi campaign	140 volunteers Campus and community	3000
34.	24/10/2018	gardening	80 volunteers Campus	
35.	24/10/2018	Cleaning	75 volunteers Campus	1000
36.	28/10/2018	Cleaning	38 volunteers	4000
37.	1/11/2018	“wise waste management”.		
38.	3/11/2018	‘Ente malinyam ente utha ravaathitwam’ Rally, fuel crisis and waste management campaign	Community	3000
39.	07/11/2018	Founders day		
40.	19/11/2018	Toilet day cleaning, Malinya muktha Survey	Campus Community	2000rs
41.	01/12/2018	AIDS Day Observation Campus cleaning HIV-AIDS	100 volunteers	1000rs

42.	03/12/2018	Positive talk		
43.	05/12/2018	International volunteer day	50volunteers Community	
44.	10/12/2018 to 16/12/2018	Volunteer leader Vishnu. R		
45.	21/12/2018 to 27/12/2018	Annual Camp at Holy Angels , Pallipad.		50000rs
46.	18/01/2019	Youth Parliament screening		
47.	24/01/2019	Youth Parliament District wise competition		
48.	24/01/2019	National Girl child day observation		
49.	26/01/2019	Republic day observation Cleaning,	60 volunteers	2500rs
50.	01/02/2019	Daily gardening	100 volunteers	1000
51.	05/02/2019	Poster designing competition	30 volunteers	
52.	05/02/2019	State Youth Parliament		
53.	28/02/2019	seminar	100 volunteers	
54.	29/02/2019	Seminar at Varnapalli	100 volunteers	
55.	08/03/2019	Talk gender		
56.	19/03/2019	Sreemanju Vidya V Anjala Fathima		

		Anagha		
57.	22/03/2019	Observed world water day		
58.	24/03/2019	Talk the hazards of drug abuse	110 volunteers	
59.	27/03/2019 to 28/03/2019	suchitwa mission programme	45volunteers	5000Rs
60.			Total	218300 Rs

Environment day celebrations 05/06/2018

Prakruthikk Ente Karuthal' volunteers planted tree saplings and garden plants in the campus. The function inaugurated by Prof.Malini Sivakumar she also delivered a talk.



1. Oath taking ceremony, led by S.Salikumar RDC chairman of the college.



3. Documentary by Dr.Sherly P Anand –Prakrithiyude Vismaya jwala

Training 19/06/2018

NSS programme officer Preetha M V attended PFMS training programme at senate hall, Kerala University

Flood Camp Visit 19/06/2018

Visited NTPC Muttom Flood relief camp, donated vegetables,foam sheets etc.

Training 20/06/2018

NSS Programme Officer Preetha M V and Sarsha T attended Suchitwa Mission Training at Gandhi Smaraka Seva Samithi at Kanjikuzhy

Yoga day 21/06/2018

International Yoga day was celebrated. Sri. Parameswaran Nair, ex. state yoga association president gave talk and demonstrated yoga asanas

Digitation presentation on yoga was done by S Sooraj, Vignesh V,Aiswarya Gopu and they also gave yoga demo



Training 21/06/2018

Volunteer leader Vishnu R attended Disaster Management training at senate hall Kerala University

Talk on drug abuse 26/06/2018

Talk by Vignesh V, Vol. Secretary



22/07/2018

Aiswarya Gopu was selected for 3-day Residential camp at Kerala University

Flood Camp Visit 23/07/2018

10 volunteers, teachers, Principal, and NSS Pos POs visited Viyyapuram camp, gave 230 food packets to the flood affected people



25/07/2018

Dish wash preparation ,Volunteers levelled the front gate water lodged area



26/07/2018

Pits taken to plant jackfruit Saplings

Padikkam Plaviloode 27/07/2018

Planted Saplings, programme inaugurated by Principal Dr. Sherly P Anand



Poster making 06/08/2018

Competition related to Hiroshima-Nagasaki day

18/08/2018 – 21/08/2018: Coordinated the Flood Relief rehabilitation Camp held at TKMM College Nangiarkulangara. Actively supported the camp inmates, collected and distributed necessary things like food items, medicines, dresses, toiletries etc. Personally, donated dresses worth Rs 5000.

Celebrated Onam with them, arranged traditional games associated with Onam.

Supervised the camp from 10am -9.30pm.

Steps were taken to dispose waste materials in proper manner, segregated plastic wastes and handed it to Haritha Karma sena. Bio-degradable wastes were deposited in pits. The proper running of the waste management was entrusted with NSS Volunteers.

. Visit to nearby camps.



Distributing food packets at Viyyapuram





Distributed vegetables and foam sheets at Muttu Flood Relief Camp



Flood Relief Camp

Well care Training programme (to check the purity of water at flood affected area) and supervised a full day survey at Thalavadi Panchayath for well water testing, as the part of **Well care water testing programme**. Guided the volunteers to collect the details and water sample from each house and to upload in well care application system. Actively worked in **rebuild Kerala** . **After flood Survey** was conducted in **flood affected ares** and also in the adopted village **Pallippad**.



Welfare survey around the college



Training programme at Bishopmoore College

NSS Day NSS Day celebration -: curtain raising of “Swachata ki seva” – (from 24 September to 2 October) mass cleaning campaign extended under the title “campus to community” conducted rally, cleaned college road and premises.



Swachatha ki seva

Gandhi Jayanthi Observation, conducted inter departmental competition on drug abuse - poster making, pencil drawing, story, essay writing etc.



PO Preetha MV, along with volunteers participated in the 150 th Gandhi Jayanti Celebration held at Govt. Boys High School, Haripad and addressed the gathering.

The NSS unit initiated for the **Rally** with posters and placards,

Campaigned **against drug abuse**.

Cleaned college campus and planted saplings and attended a **plastic free** campaign meeting held at Haripad municipality



Gandhi Jayanthi Observation



Meeting in Harippad Municipality

Myself trained the volunteers regarding plastic free surroundings and proper disposal of wastes as part of 'Ente malinyam Ente uttharavaditwam' (My waste My Responsibility') Project of Suchitwa mission

Assigned the volunteers for door to door plastic free campaign in the adopted villages. Attempts were made to make the campus plastic free, the project was extended to the volunteer's houses and college nearby houses. volunteers digged pits for waste disposal in campus and in houses nearby.



Vandanam medical college **Mass cleaning** proramme.



World earth day-: planted tree saplings,poster presentation. **‘Ente malinyam ente utharavaathitwam’**-organized in ward 18(adopted ward for shuchithwa mission) and **Rally** conducted and conclude with vote of thanks. Observed toilet day(nov19th) -: Toilet cleaning, took a campaign regarding cleanliness and hygiene.



AIDS Day Observation, organize and host the talk on HIV AIDS and contemporary India by Sri Nujum. S Junior Health Inspector Health Department Thrikkunnappuzha.



Road safety awareness programme by traffic police department.



29/02/2019: Attended the **Seminar** on “Sree Narayana Guru Education and Varanappally” at Varanappally, Kayamkulam.

Segregation of wastes at 18 th ward nangiarkulangara and handed it over to the shredding unit at Danapady, Haripad (as a part of **ente malinyam ente utharavadiwam**, “college” suchitwa mission programme).



I express my sincere gratitude to the University of Kerala, Kerala University Programme coordinator Dr.A Shaji, NSS cell, Dr. I V Soman, ETI Training center, Kalamassery, Alappuzha District coordinator T Nishad for their help and advice for me to perform well as NSS PO. I also thank all the staff and Principals of TK Madhava Memorial college Nangiarkulangara. I owe much to my co programme offices and all the volunteers who had worked with me for giving confidence and support to take up NSS Endeavors.

Thank you all...

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- THANK YOU -