# Dr. ANEESH RAJAPPAN

Assistant Professor of Physical Education

#### ADMINISTRATIVE DISTINCTION

- Convenor of Arts club
- Convenor of Discipline committee
- Co-convenor of admission
- Returning Officer

#### **MEMBERSHIP IN PROFESSIONAL BODIES**

- PSC Board member
- Malpractice prevention squad
- Calicut University Question Paper setter
- University Team Manager

#### **AWARDS & ACHIEVMENTS**

 Awarded UGC NET of the University Grant Commission, Government of India

#### **PUBLICATIONS**

Sl.	Title of the	Name	Year	ISBN/I	Index
No.	paper	of the		SSN	ed
		Journal	1		Journa
			A		l or
			*		not. If
					yes,
		٨.			give
					details
1	Effect of	Journal	2021	ISSN	6.2
	yogic practices	of		NO	
	on state	informa		1548-	
	anxiety among	tion and		7741	
	men athletes	computa			
	of University	tional			
	of Kerala.	science			



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## **QUALIFICATION**

MPEd, MPhil, PhD

**DATE OF JOINING** 06.06.2016

O6 years

## **AREA OF RESEARCH**

Sports psychology Exercise Physiology Sports Training

2	Effects of yoga	Gorteria	2021	ISSN: 0017-	5.3
	practices on selected	Journal		2294	
	physiological				
	parameters of				
	University of Kerala-				4.
	Inter Collegiate Men				
	Football players				

# SEMINARS/CONFERENCE/SHORT TERM COURSE ATTENDED:

Sl. No.	Name of the Course	Organizing Institute	Period (From- To)		
1	One month Faculty	Central University of	04/06/2019-		
1	Induction Programme	Punjab, Bathinda	03/07/2019		
2	10 days National	Central University of	15/06/2020-		
19	Workshop on	Punjab, Bathinda	24/6/2020		
/3	Curriculum				
	Development	4.			
	& Design				
3	One Week Faculty	YMCA College	27JUNE TO 3 <sup>RD</sup> JULY		
	development		2020		
	programme				
4					