

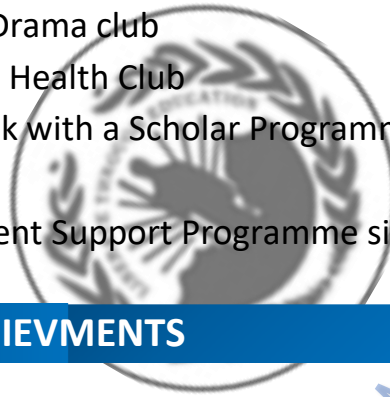
SMT. PREETHA M. V.

Assistant Professor of History



ADMINISTRATIVE DISTINCTION

- Admission Committee since 2016
- NSS Programme Officer since 15/12/2017
- College Magazine Advisor 2018
- Vimukthi Club Co-ordinator 2017-2018
- Member Career & Counselling Cell,
- Women Cell ED Club, Reading club, Anti-ragging cell,
- theatre and Drama club
- Co-ordinator, Health Club
- Mentor– Walk with a Scholar Programme since 2016
- Mentor Student Support Programme since 2016



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AWARDS & ACHIEVEMENTS

- Awarded UGC NET

Sl.No.	Year	Achievements	Agency	Total
1	1997	Post Graduate Merit Scholarship for Mphil	Government of Kerala	1
2	2020	Certificate of Appreciation for Remarkable performance as NSS Programme Officer	University of Kerala	1
3	2021	Honor received as NSS PO	Haripad Uchayoonu Koottayma(a charity organization)	

QUALIFICATION

MA, MPhil.

DATE OF JOINING

06.06.2016

EXPERIENCE IN YEARS

06 years

AREA OF RESEARCH

History

Other Academic achievements

- ❖ Represented St. Alberts College Ernakulam in the UG Board Syllabus Revising Committee held at Mahatma Gandhi University Kottayam in 2011
- ❖ Represented SN College Kollam in the UG Board Syllabus Revising Committee held at Kerala University, Palayam in 2013
- ❖ Attended Programme Officers meetings Organized by Kerala University (13/08/2018)
- ❖ Attended Orientation Course for NSS Programme Officers at Rajagiri College of Social Sciences from 9-15 October 2019.
- ❖ Attended District Level planning meeting held at Alappuzha on Sourotsavam on 09/12/2019
- ❖ One day workshop on Master Mentor Training Programme of coordinators/Internal mentors of the Walk with a Scholar Programme, organized by the new initiatives in Higher Education' Directorate of Collegiate Education, Govt. of Kerala held at St. Teresas College, College for women Ernakulam on 5th September, 2019.
- ❖ Attended a Two-day National Seminar on "Sree Narayana Guru Study and Research Centre, at Varanappally, Organised by Kerala University (28/02/2019& 01/03/2019)
- ❖ Supervised a Covid- survey study viz SMS-SOAP, MASK, SANITIZER.
- ❖ Conducted a Local History writing Competition for students in association with Amruth Mahotsav of Indian independence.
- ❖ Attended pre-RD camp held at Pachmadi, MP (1992)
- ❖ Participated in Model parliament Training held at Vimala College Thrissur, 1991.
- ❖ Student leader College Women Cell & represented St. Joseph's College, Irinjalakuda, attended two Day camp held at SH College Thevara in 1991
- ❖ Achieved College Proficiency prize for three years in 1994 at St. Joseph's College, Irinjalakuda.
- ❖ Attended Leadership Training camp in 1990 at Christ College Irinjalakkuda

Activities in the Public realm

1. Conducted classes for Student Cadet Corps (2017) at SNGHS Karthikappally
2. Conducted classes for Student Cadet Corps 2017 at Bethany Balikamadhom High School for Girls (2017)
3. Conducted classes for Student Cadet Corps at Bethany Balikamadhom High School for Girls (2018)
4. Talk on Women rights at Kkommadi Grandhashala, Alappuzha 08/03/2019 at 10 am.
5. Talk on domestic Violence again Women at Karthikappally Vayanasala at 3 pm.
6. Talk at Evoor Vinjanavardhini Grandhashala in collaboration with Vimukthi an awareness programme for the public on the hazards of Drug Abuse (24/03/2019).
7. Extends support to Suchitwa Mission Programme, Initiated a project in TKMM College Nangiarkulangara. Volunteers digged waste pits in adopted villages. We arranged series of programmes and cleanliness drives.
The same was implementing in two adopted wards and college surroundings.
8. During 2019-2020 a Sustainable vegetable garden project was done in 100 houses of ward 1 Karthikappally village panchayath at the status of NSS P O.
9. Undertaking Vimukthi, anti-substance awareness activities.
10. During 2018-2019, the NSS camp theme was "say no to plastic". Conducted "Beat plastic survey" in the adopted village Pallipad, where our camp was also located.
11. Fostered campus community relationship, updated with current issues around and was responsive to the needs of the society.
12. Charity was offered to destitute, challenged and diseased ones
13. Many health and hygiene, nutrition programmes were arranged for students.
14. Took personal initiatives to spread the idea of proper waste management culture. The project 'Ente Malinyam, Ente Utharavadithwam, was an elaborate project implemented well in our campus, Volunteers houses, adopted villages and the college nearby houses. Efforts were put to make our campus plastic free.
15. Supervised flood relief camps held twice in our College. Collected and distributed commodities to them. Utmost care was taken in the Segregation, and proper disposal of waste materials are being done in 7 days camps and in flood camps too. Segregated plastic materials were handed over to shredding unit at Haripad. Waste Survey was done and volunteers helped the house holders to realise the seriousness of the issue.
16. Disaster management training was given to the volunteers during during seven days and also given training in fire and rescue.
17. Traffic awareness programs are being conducted. Volunteers were well trained to obey the traffic rules and traffic related Public awareness campaign have been done by our NSS unit.

18. Classes on water and energy conservation and other motivational classes given to the volunteers.
19. Personality development of the volunteers was given most priority, motivational sessions on different subjects were given to volunteers. programmes were being charted for that, and also to impart scientific spirit and to inculcate love for History and heritage.
20. Visit to historical sites
21. Cleanliness drive extended to public places like bus stops, hospitals roads water bodies. A project of 100 bus stop cleaning and beautification was made during NSS Camp in 2020 December.
22. Special induction programme was designed for the UG students during 2018 -2019..
23. Blood donors Directory was prepared in college and donation challenge was taken by the unit during covid 19.
24. SMS'- A Covid study work was produced based on 100 houses survey.
25. The online flip camp magazine 'Sugatham' dedicated to great poetess Sugathakumari was our literary achievement.
26. An initiative was taken for to publish online Sports magazine on national sports day